

Service Plan Options for Traditional Assisted Living Residents



New Horizons at Marlborough is dedicated to ensuring that residents receive the assistance they need in the privacy of their own home and in a manner that respects and maintains their independence and dignity. The majority of personal care at New Horizons is provided by **Mary Ann Morse Healthcare Corp.**, which maintains an on-site office with 24-hour staffing. Under the supervision of a nurse, personal care assistants help residents with activities of daily living, which may include bathing, dressing, grooming, basic housekeeping, self-administered medication management, and incontinence management, as described in the following plan options.

	Medication \$1,322/mo.	Traditional \$1,709/mo.	Traditional Plus \$2,322/mo.	Enhanced \$3,107/mo.	Comprehensive \$4,117/mo.	Wellness Complete \$5,171/mo.
Daily bed making and trash removal	✓	✓	✓	✓	✓	✓
Laundry service (up to one load per week)	✓	✓	✓	✓	✓	✓
Up to two SAMM* passes provided by a certified personal care attendant	✓					
Up to two SAMM passes provided by a certified personal care attendant <i>or</i> LMA** by a licensed nurse				✓	✓	✓
Daily AM scheduled assistance with grooming and dressing		✓	✓	✓	✓	✓
Daily PM scheduled assistance with grooming and dressing		✓	✓	✓	✓	✓
Assistance with showering		2 x week	4 x week	Daily	Daily	Daily
Daily escorts to all 3 meals and 1 activity			✓	✓	✓	✓
Toileting assistance / incontinence management					Every 4 hours***	Every 2 hours
2-person assistance with tasks, as needed						✓

* Self-administered Medication Management *** Additional incontinence care: \$35.00 per visit

** Limited Medication Administration

Additional Assistance Plans



Additional Medication Assistance:

*Medication add-on is SAMM only except with Enhanced, Comprehensive, and Wellness Complete plans.

Plan	Description	Cost per month
Medication Option 1:	Two additional medication passes per day	\$150
Medication Option 2:	Three additional medication passes per day	\$225
Medication Option 3:	Four additional medication passes per day	\$300

Shower Assistance:

- One assisted shower per week **\$160 per month**
- Two assisted showers per week **\$320 per month**

Laundry Assistance:

- One scheduled load of laundry per week **\$200 per month**

Diabetes Management:

Nursing will provide assistance with diabetic monitoring per the physician's orders.

- One visit per day **\$750 per month**
- Two visits per day **\$1,200 per month**
- Three visits per day **\$1,500 per month**

Programs are based on an average time for typical delivery of care. All service plans are subject to additional fees when extra staff or time is warranted to meet an individual's needs.

Service Plan Reviews

Assisted living services fall under the guidance of the multi-disciplinary team for case and care management. Each service plan is tailored to meet the specific requirements of the resident, is updated as the resident's health or situation changes, and is reviewed regularly, as outlined below.

- **30-day Review:** A review meeting is typically held 30 days after the start of the service plan to verify its appropriateness.
- **Semiannual Review:** Review meetings are held twice a year to verify ongoing appropriateness and makes changes when necessary.
- **Ad Hoc Review:** The resident or the resident's family may request at any time by calling the Mary Ann Morse program coordinator to schedule an appointment.