

Service Plan Options for Special Care Residence Assisted Living Residents



New Horizons at Marlborough is dedicated to ensuring that residents receive the assistance they need in the privacy of their own home and in a manner that respects and maintains their independence and dignity. The majority of personal care at New Horizons is provided by Mary Ann Morse Healthcare Corp., which maintains an on-site office with 24-hour staffing. Under the supervision of a nurse, personal care assistants help residents with activities of daily living, which may include bathing, dressing, grooming, basic housekeeping, self-administered medication management, and incontinence management, as described in the following plan options.

Service	Memory Care Traditional \$5,000/mo.	Memory Care Enhanced \$6,300/mo.
Hourly checks	✓	✓
Laundry service	✓	✓
Assistance with showers	✓	✓
Daily bed making and trash removal	✓	✓
Two-person assistance with tasks (as needed)	X	✓
Daily escorts to all three meals and activities	✓	✓
Daily AM scheduled assistance with grooming and dressing	✓	✓
Daily PM scheduled assistance with grooming and dressing	✓	✓
Toileting assistance/incontinence management	Every 4 hours	Every 2 hours
Medication support (up to two SAMM* or LMA** passes daily)	✓	✓

**Self-Administered Medication Management provided by a certified personal care attendant*

**Limited Medication Administration provided by a licensed nurse*

Additional Assistance Plans



Additional Medication Assistance:

Plan	Additional medication passes per day (SAMM or LMA)	Cost per month
Medication Option 1:	2	\$150
Medication Option 2:	3	\$225
Medication Option 3:	4	\$300

Diabetes Management:

Nursing will provide assistance with diabetic monitoring per the physician's orders.

Plan	Visits from nursing per day	Cost per month
Diabetes Option 1:	1	\$750
Diabetes Option 2:	2	\$1,200
Diabetes Option 3:	3	\$1,500

Programs are based on an average time for typical delivery of care. All service plans are subject to additional fees when extra staff is warranted to meet an individual's needs.

Service Plan Reviews

Assisted living services fall under the guidance of the multi-disciplinary team for case and care management. Each service plan is tailored to meet the specific requirements of the resident, is updated as the resident's health or situation changes, and is reviewed regularly, as outlined below.

- **30-day Review:** A review meeting is typically held 30 days after the start of the service plan to verify its appropriateness.
- **Semiannual Review:** Review meetings are held twice per year to verify ongoing appropriateness in accordance with the regulations of the Executive Office of Aging and Independence.
- **Ad Hoc Review:** The resident or the resident's family may request a service plan review at any time by calling the Mary Ann Morse program coordinator to schedule an appointment.