

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

New Horizons at Marlborough

February is Black History Month

OTC = O'Connor Town Common
WSC = Wayside Conference Room
WST = Wayside Theatre

			<p>9:00-12 Shopper's Shuttle 1</p> <p>10:00 Watercise - Pool 10:00 Strength & Balance - OTC 10:00 Book Club - WST 11:00 Communion Service - Chapel 1:30 Shopping Trip to Wayside Country Store ** 2:00 Bingo - OTC 2:30 Men's Group - Wicker Way 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>Blood Pressure Clinics: 2 1:00-1:45 for 400/420 Residents - WSC 2:00-2:30 for 370 Residents - Robins Nest</p> <p>10:00 Mind & Body - OTC 1:30 Protestant Holy Communion Service - Chapel 2:30 Jeff Thomas on Guitar - OTC 4:00 Word Games - OTC 6:30 Evening Cribbage Game - OTC 6:30 Movie: Groundhog Day - WST</p> <p>Groundhog Day</p>	<p>10:00 Watercise - Pool 3 10:00 Forever Fit - OTC 10:00 Book Club - WST 11:00 Communion service - Chapel 1:30-3:30 Sudbury Shopping 2:00 French Circle- WST 2:00 Wine & Cheese - OTC 4:00 Zoom Shabbat Service - Greeting Room 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>10:00 Chair Yoga - OTC 4 10:45 Watercolor Painting & Coloring - OTC 1:30 Valentine's Craft w/ Resident Marie Martin - OTC 3:00 Classical Read Aloud w/ Bob Fagone - Atrium 4:00 Word Games - OTC 6:30 Movie - WST</p>
<p>9:45 Mind & Body Stretch w/ Laura Coulter - OTC 5 10:30 Mass - Chapel 2:00 Craft: Valentine's Door Hangers - OTC 3:00 Documentary - WST 4:00 Word Games - OTC 6:30 Movie w/ popcorn - OTC</p>	<p>10:00 Watercise - Pool 6 10:00 Forever Fit - OTC 1:30 Rosary - Chapel 1:30 Bridge Club - Billiards Room 2:30 Lecture w/ UMASS Physician Anindita Deb: Parkinson's Disease 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>9:30-10 Middlesex Savings Bank - WSC 7 10:00 Watercise - Pool 10:00 Texas Hold'em - Wicker Way 10:00 Mind & Body - OTC 10:45 Fitness Ctr Assist - 420 Fitness Center 1:15 Busy Hands - Wicker Way 2:00 Movie - OTC 4:00 Word Games - OTC 6:30 Bible Study w/ Sister Jane - OTC 6:30 Tuesday Movie Series - WST</p>	<p>9:00-12 Shoppers Shuttle 8 10:00 Watercise - Pool 10:00 Strength & Balance - OTC 10:00 Book Club - WST 11:00 Communion Service - Chapel 12:30 Out to Lunch: Special Teas Tea Room** 2:00 Bingo - OTC 2:30 Men's Group - Wicker Way 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>9-9:30 Main Street Bank - WSC 9 9:35-10 - 420 Lobby</p> <p>10:00 Mind & Body - OTC 10:45 New Resident Reception by Invitation Only - OTC 2:30 Ed Aucoin and Kris Swanson - OTC 4:00 Word Games - OTC 6:30 Evening Cribbage Game - OTC 6:30 Movie - WST</p>	<p>10:00 Watercise - Pool 10 10:00 Forever Fit - OTC 10:00 Book Club - WST 11:00 Mass- Chapel 1:30-3:30 Hudson Shopping 2:00 French Circle - WST 2:00 Wine & Cheese - OTC 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>10:00 Chair Yoga w/ Instructor Laura Coulter - OTC 11 10:45 Watercolor Painting & Coloring - OTC 1:30 Balloon Tennis - OTC 2:30 Parkinson's Support Group - Wayside Theatre 3:00 Read Aloud Classics w/ Bob Fagone - Atrium 4:00 Word Games - OTC 6:30 Movie - OTC</p>
<p>9:45 Stronger Seniors - OTC 12 10:30 Mass - Chapel 1:30 Resident Poetry: Poems About Love - OTC 4:00 Superbowl Tailgating Party w/ Beer and Snacks! - OTC 6:30 Superbowl Game Live! - OTC 6:30 Movie- WST</p>	<p>10:00 Watercise - Pool 13 10:00 Forever Fit - OTC 1:30 Rosary - Chapel 1:30 Bridge Club - Billiards Room 2:30 Lecture w/ Resident Bob Burke: EPA & Climate Change - OTC 4:00 Word Games - OTC 6:30 Movie - WST</p>	<p>10:00 Texas Hold'em - Wicker Way 14 10:00 Watercise - Pool 10:00 Mind & Body - OTC 10:45 Fitness Ctr Assist - 420 Fitness Center 1:15 Busy Hands - Wicker Way 2:00 Clay Hearts Craft - OTC 3:00 Valentine's Day Dress for Drinks 370/ Cottages & Villa Residents 4:00 Dress for Valentine's Dinner w/ Champagne (Normal Seating Times) 400 & 420 Residents 6:30 Bible Study w/ Sister Jane - OTC 6:30 Movie - OTC</p> <p>Valentine's Day</p>	<p>9:00-12 Shopper's Shuttle 15 10:00 Watercise - Pool 10:00 Strength & Balance - OTC 10:00 Book Club - WST 11:00 Communion Service - Chapel 1:30 Trip to New England Quilt Museum ** 2:00 Bingo - OTC 2:30 Men's Group - Wicker Way 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>10:00 Mind & Body - OTC 16 1:30 Protestant Holy Communion Service - Chapel 2:30 Afternoon Documentary - OTC 4:00 Word Games - OTC 6:30 Evening Cribbage Game - OTC 6:30 Movie - WST</p>	<p>10:00 Watercise - Pool 17 10:00 Forever Fit - OTC 10:00 Book Club - WST 11:00 Mass - Chapel 1:30-3:30 Sudbury Shopping 2:00 French Circle - WST 2:00 Wine & Cheese - OTC 4:00 Zoom Shabbat Service - Greeting Room 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>10:00 Chair Yoga - OTC 18 10:45 Watercolor Painting - OTC 1:30 Flashback Band Performs! - OTC 3:00 Read Aloud Classics w/ Bob Fagone - Atrium 4:00 Word Games - OTC 6:30 Movie - OTC</p>
<p>9:45 Mind & Body Stretch w/ Laura Coulter - OTC 19 10:30 Mass - Chapel 2:00 Make Your Own: Mardi Gras Masks - OTC 3:00 Documentary - WST 4:00 Word Games - OTC 6:30 Movie w/ popcorn - OTC</p>	<p>10:00 Watercise - Pool 20 10:00 Forever Fit - OTC 1:30 Rosary - Chapel 1:30 Bridge Club - Billiards Room 2:30 President's Day Jeopardy! - OTC 4:00 Word Games - OTC 6:30 Movie - OTC</p> <p>Presidents' Day</p>	<p>9:30-10 Middlesex Savings Bank - WSC 21 10:00 Texas Hold'em - Wicker Way 10:00 Watercise - Pool 10:00 Mind & Body - OTC 10:45 Fitness Ctr Assist - 420 Fitness Center 1:15 Busy Hands - Wicker Way 2:30 Mardi Gras Party w/ The Squeezbox Stompers - OTC 6:30 Bible Study w/ Sister Jane - OTC 6:30 Tuesday Movie Series - WST</p> <p>Mardi Gras</p>	<p>9:00-12 Shopper's Shuttle 22 10:00 Watercise - Pool 10:00 Strength & Balance - OTC 10:00 Book Club - WST 11:00 Communion Service - Chapel 1:30 History Mystery Ride ** 2:00 Movie - OTC 2:30 Men's Group - Wicker Way 4:00 Word Games - OTC 6:30 Movie - OTC</p> <p>Ash Wednesday</p>	<p>9-9:30 Main Street Bank - WSC 23 9:35-10 - 420 Lobby</p> <p>10:00 Mind & Body - OTC 1:30 Pop Up Snack: Ice Cream Soda! - French Village 4:00 Dinner and a Movie: Chocolat - OTC ** 6:30 Movie - WST</p>	<p>10:00 Watercise - Pool 24 10:00 Forever Fit - OTC 10:00 Book Club - WST 11:00 Mass - Chapel 1:30-3:30 Hudson Shopping 1:30 The Stations of the Cross - Chapel 2:00 French Circle - WST 2:00 Wine and Cheese - OTC 4:00 Word Games - OTC 6:30 Movie - WST</p>	<p>10:00 Chair Yoga w/ Instructor Laura Coulter - OTC 25 10:45 Watercolor Painting & Coloring - OTC 1:30 A Game of Scrabble! - OTC 3:00 Read Aloud Classics w/ Bob Fagone - Atrium 4:00 Word Games - OTC 6:30 Movie - OTC</p>
<p>9:45 Stronger Seniors - OTC 26 10:30 Mass - Chapel 2:30 Ladies Group: Reminiscing The Things We Love - OTC 3:00 Documentary - WST 4:00 Word Games - OTC 6:30 Movie w/ popcorn - OTC</p>	<p>10:00 Watercise - Pool 27 10:00 Forever Fit - OTC 1:00 Three Ladies Piano Concert w/ Residents Sandi Valenti, Marie Martin & Barbara Ivery! - Atrium 1:30 Rosary - Chapel 1:30 Bridge Club - Billiards Room 2:30 Lecture w/ Physical Therapist's Judy Sama & Emily DeGrotta: Fall Prevention and Recovery - OTC 4:00 Word Games - OTC 6:30 Movie - OTC</p>	<p>10:00 Texas Hold'em - Wicker Way 28 10:00 Watercise - Pool 10:00 Mind & Body - OTC 10:45 Fitness Ctr Assist - 420 Fitness Center 1:15 Busy Hands - Wicker Way 2:00 Cooking w/ The Chef! - OTC 4:00 Word Games - OTC 6:30 Bible Study w/ Sister Jane - OTC 6:30 Tuesday Movie Series - WST</p>	<h1>February 2023</h1> <p>Please note that some trips may have a fee.</p>			