



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors since 1994
A Turning Point in Senior Living!

September 2025



Green Thumbs is an organized group of gardeners who nurture various types of vegetables, flowers, and herbs year-round, sharing the common goal to foster their love of gardening. With its large number of resident members, **Green Thumbs** has been successfully operating for the past four years. Members gather and plan months in advance to determine the types of seeds for the plants they want to grow. From squash to basil, zucchini, sage, and many varieties of tomatoes, their produce nourishes residents, their families, and employees.



Pictured above, left to right: **Phyllis Cullinane**, **Sandy Campbell**, and **Lillian Fitch**.



Pictured above, left to right: **Sandy Campbell**, **Sandi Wustman**, **Ken Harbison**, **John Goetz**, **Jan Zambuto**, **Sue Abrahamsen**, and **Phyllis Cullinane**.

To view this newsletter in color, see the postings throughout the community or visit www.countrycommunities.com



Memory Care Highlights

Tuesday Art Days: Each Tuesday, the memory care community comes alive with brushes, colors, and laughter. Residents gather for **Art Day**, a cherished time to spark creativity and brighten spirits. On this particular afternoon, the room bloomed with beauty as they painted delicate, vibrant flowers across their canvases—each stroke telling its own story.



Pictured above: **Rita Sixsmith**



Pictured above: **Joan Cusson**



Upcoming Events

Watch Channel 918 for more details

September 7th - Family Fun Fest

September 11th - Blood Pressure Clinic

September 13th - Craft: Paper Pumpkins

September 18th - Cooking w/ **Chef Paula**

September 22nd - Hispanic Heritage Month Presentation

September 25th - Dinner & Movie

September 27th - New Horizons' 31st Anniversary

September 30th - Kalifornia Karl

Heard Around Town

Sustainability Efforts on Campus

- Recycling has been expanded in our kitchens.
- Solar panels on 400 roof reduce electricity usage.
- Mugs in 420/370 reduce Styrofoam cup use.
- Drought-resistant plants live with less watering.
- LED light bulbs replacing fluorescents.
- Energy-efficient chillers installed this spring.
- Electric car charger stations installed.

More to come...

- Sensor lighting to reduce electricity use.



@newhorizons.marlborough



New Horizons at Marlborough

Meet Your New Neighbors

Mona Thomas and Eduardo Ramirez



Mona and **Eduardo** married in 1985 and have shared more than 40 wonderful years together. They are the proud parents of one daughter, **Adriana**, and doting grandparents to a beloved grandson.

Eduardo is a lifelong art and vinyl record collector who takes special pride in his identity as an artist. His passion for culture and exploration has taken him through Central America as well as to Brazil and Haiti. Whether painting, creating graphic illustrations, or visiting art museums around the world, Eduardo is always in search of new inspiration.

Mona, who shares Eduardo's love of the arts, has a background in communications and media. She also enjoys collecting art, Buddha figures, and Asian masks—pieces that reflect deep her appreciation for creativity and culture. Above all, Mona treasures her role as a mother and grandmother.

Now happily settled in Marlborough, Eduardo and Mona look forward to enjoying the pool, exploring the city, and taking classes both within and beyond New Horizons. Most importantly, they cherish being closer to their daughter, grandson, and many friends.

Paul Martel



Paul was born in Marlborough and grew up in Hudson. He shared a remarkable 76-year marriage with his beloved wife, and together they raised two children and welcomed seven grandchildren. Family has always been his greatest source of joy.

Paul built a rewarding career as a newspaper publisher, a role that reflected his lifelong dedication to communication and community. He also proudly served his country as a member of the U.S. Coast Guard.

In his spare time, Paul enjoys reading and engaging in thoughtful conversations. He looks forward to meeting new people at New Horizons and embracing the peaceful routine of community life.

Sr. Muriel Lemoine



Sr. Muriel was born in Worcester and raised in Southbridge. A devoted woman of faith, she recently celebrated her 60th anniversary in religious life—an accomplishment she holds most dear. Her vocation has taken her across the globe, where she has served and led as a religious sister, touching countless lives along the way.

In her free time, Sr. Muriel enjoys reading, walking, and shopping. As she joins New Horizons, she looks forward to relaxing, embracing community life, and giving thanks for the many blessings God has bestowed upon her.

Carolyn Kelley



Carolyn was born in Freedom Park, Indiana, and raised as a true Hoosier. She devoted her career to education, initially as a special needs teacher. This proud mother of three raised a son and two daughters before welcoming two grandsons.

Carolyn has traveled to every continent, collecting memories and stories along the way. With her adventurous spirit and refined palate, she even served as a judge in international wine competitions. She finds joy in music, the comfort of a good book, and the company of dear friends.

Bob Lombardo



Bob was born in Cambridge, where he attended Catholic school and laid the foundation for a life rooted in faith and family. He and his beloved wife, **Linda**, raised three children who in turn blessed them with four grandchildren. Though Linda passed away in 2001, her memory lives on in the love that binds their family together.

Bob is a proud veteran, having served his country while stationed in Germany before embarking on a long career with the Framingham Post Office. Today, he treasures time with his children and grandchildren, who continue to bring him great joy.

Christine “Chris” Thurston



Chris was born in Salem, Massachusetts and grew up in Bromfield. A dedicated educator and advocate, she has been awarded “Teacher of the Year” and even spearheaded fundraising efforts to help build a preschool in Uganda.

Chris built her family with love—adopting two daughters and a son—and she cherishes her role as a grandmother. Her loyal dog, **JoJo**, is another beloved companion.

A woman of many interests, Chris has a black belt in Shotokan karate, collects wooden instruments from around the world, and has traveled extensively to destinations including the Canary Islands, England, France, the Netherlands, Uganda, Japan, and Peru. She studied shamanism with a Peruvian teacher and also is a Reiki Master.

These days, she most enjoys reading, listening to music, and hiking. Chris looks forward to making new friends and memories in this next chapter.

*We are thrilled to extend a warm welcome to **Mona Thomas & Eduardo Ramirez, Paul Martel, Sr. Muriel Lemoine, Carolyn Kelley, Bob Lombardo, and Christine Thurston** as they join our community. Please join us in giving them a heartfelt welcome and supporting them as they embark on this new journey.*