



# Community Connection

New Horizons at Marlborough, LLC  
Serving Metrowest Seniors Since 1994  
*A Turning Point in Senior Living!*

February 2022



**100 NEVER LOOKED SO GOOD:** We had a ball celebrating our newest centenarian, **Alberta Fullem**, in January. Among the attendees was Mayor Arthur Vigeant, who presented the birthday girl with an official proclamation on behalf of the city. Guests were treated to a beautiful slideshow, filled with a century of wonderful family memories. Happy birthday and congratulations, Alberta!



**TEA TIME:** Residents (from top, left to right) **Ann Arnold**, **Ann Addeo**, and **Phyllis Tremblay** savor an assortment of tasty teas and scones at a book reading.



**PAPER ART:** Memory Care Program residents enjoy a lesson in the ancient art of origami. Displaying their intricate creations are (left to right) **Monica Lee**, **Rita Sixsmith**, and **Jackie Deveaux**.



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# BLACK HISTORY MONTH

February is a time to fete the achievements of Black Americans and honor the central role they have played in our

nation's history. In 2022, Black History Month will focus on the importance of Black health and wellness. This theme acknowledges the legacy of Black scholars and medical practitioners in Western medicine as well as doulas, midwives, naturopaths, herbalists, and practitioners of other ancestral healing modalities. The 2022 theme invites us to explore the activities, rituals, and initiatives Black communities have engaged in to be well.



**VIRTUAL CONCERT:** A remote performance by Boston Pops Orchestra drew many music lovers, including (left to right) residents **Sue Abrahamson**, **Wanda Null**, and **Irene Butler**, who paired a crisp glass of wine with the stirring concert.



**SNOW SEASON:** To assist the snow team with prompt storm cleanup, we remind all residents to make sure that they and their visitors are aware of the **special snow parking plan** related to winter weather. This procedure has been posted at the entry to each building. In addition to parking in designated areas, visitors must complete a dashboard tag (also found at each building's entrance), and all resident cars must have identifying stickers affixed to the backs of their rearview mirrors. We appreciate everyone's cooperation with the snow plan.



## Upcoming Events

*Tune in to channel 918 for the latest updates*

Feb 4	Winter Olympics Begin	6:30 PM
Feb 10	Silent Movies With Richard Hughes	2:30 PM
Feb 11	Singer Jim Porcella	6:30 PM
Feb 13	Super Bowl Sunday	2:00 PM
Feb 14	Valentine's Day Tea and Scones	2:30 PM
Feb 17	Opera Singer Zach Johnson	2:30 PM
Feb 25	Rob Natoli String Swing Band	2:30 PM
Feb 27	Faith Ringer Bell Choir	2:00 PM

**DID YOU KNOW?** Groundhog Day falls on the second of February because it is a "cross-quarter" day, a midpoint between two seasons. This year marks the holiday's 135th anniversary. Will **Punxsutawney Phil**, everyone's favorite furry meteorologist, forecast the arrival of an early spring?



### CHOOSE YOUR NEIGHBORS:

Earn rewards when you help a friend find a new home in our community. We are inviting all residents and their families to help us spread the word about available apartments at New Horizons. As a thank you, a \$2,000 credit will be applied to the referring resident's account when our new neighbor moves in. Please see the director on duty for more information about this referral program.



**PAINT-ALONG CLASS:** Our painting parties are always a huge hit. In January, residents had a blast crafting winter scenes. Pictured, **Joan Nancoz** takes a moment to display her seasonal masterpiece. Nicely done, Joan!



### NATIONAL WEAR RED DAY:

American Heart Association designates **February 4** as a day to wear red clothing or accessories to raise awareness about women's risk of developing heart disease. Be sure to don your reddest red—be it a lipstick, a pair of pants, or your favorite hat—on the 4th. Visit [www.heart.org](http://www.heart.org) to learn more.