



Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994
This is home!

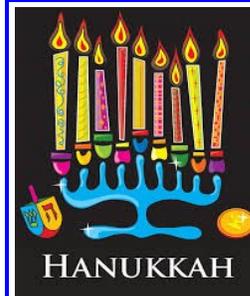
December 2019



OVER THE RAINBOW: Peggy Webb was Dorothy landing in Oz for Halloween. (Her dog, Soda Pop, was Toto); **OVER THE TOP:** Gil Zucker and Andy Eick were a pair of wild and crazy flamingoes (*image by Ann Sassi*); **HOWLING AT THE MOON:** Sally Campbell makes a spooky werewolf; **THE CAT'S MEOW** describes artistically decorated pumpkins made with the help of volunteers from BJ's Wholesale Club.



CELEBRATE THE SEASON: The annual Resident Holiday Party will take place Sunday, December 22 from 2:00 to 4:00 PM. There will be music, treats, readings, and crafts for kids. Santa and Mrs. Claus will be back by popular demand to distribute gifts to children. For any child you invite, please provide a wrapped gift (valued at under \$10). Clearly mark the child's name on the package so it will be given to the correct recipient. Kindly drop them at the front desk on Sunday before the party.



ALL ARE INVITED to participate in the eight-day Hanukkah lighting ceremony, which begins Sunday, December 22 at 4:00 PM in the Wayside Conference Room.



DANCING SUGARPLUMS are *not* on the menu for our festive Christmas Buffet. Don't let that stop you from making reservations for a splendid meal topped off by a tableful of sweet treats! You may email reservations (up to three guests per suite) to diningservices@cummings.com or see Teresa or Amanda by December 13. Guests' meals are \$20 for adults and \$10 for children under 10.



Find us on Facebook: Click on the logo on the left to find yourself, friends, or family in our posts. Share the fun we have at New Horizons at Marlborough!



100 REASONS TO CELEBRATE CHARLIE ROGERS:

Residents turned out in force for Charlie's centenarian birthday bash. Many shared fond memories from their years of friendships with Charlie, dating as far back as his first day at New Horizons, 15 years ago, and others, more recently. The city of Marlborough marked the occasion by honoring Charlie with an official Certificate of Recognition.

STAFF APPRECIATION FUND

This is the one time a year we ask you to reflect on the good service and daily kindnesses you receive from all the members of our dedicated staff and make a donation to the staff appreciation fund.

If you already have done so, we thank you. If not, you may give sealed envelopes to any director or drop them at the Front Desk.



Aveanna welcomes its new resident service director, **Enid Parker**, RN, BSN. Enid brings more than 25 years of nursing expertise, with a focus on emergency room case management, as well as experience in home care. When asked about her new role, Enid said, "I look forward to working at New Horizons and being part of a winning team that provides residents with excellent care."

If you have any questions for Enid, or about Aveanna's services, please stop by the Wellness Center office (by the pool) and introduce yourself.



TO YOUR HEALTH:

A Harvard Medical School newsletter suggests all seniors should measure blood pressure in *both* arms. A difference of 10 points or more may mean a 38 percent greater chance of having a heart attack. Be sure to check with your doctor regarding a difference in pressure.



LAST-MINUTE GIFT? How about a wine bottle cozy? That's just one of the many ingenious handcrafted items you'll find at Busy Hands' annual winter sale. In addition, a colorful assortment of practical leg warmers, scarves, shawls, and adorable animals and dolls will help you cross items off your gift-giving list. Join us in the 400 lobby from **1:00 to 3:00 PM on Tuesday, December 10**. Proceeds will benefit the Society of St. Vincent de Paul, whose volunteers distribute aid to the needy.

Upcoming Events

Tune in to 918 for the latest information.

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| <i>Hollyann's Christmas Special</i> | <i>December 1</i> |
| <i>The Hundredth Town Chorus</i> | <i>December 4</i> |
| <i>Ron Barclay's Holiday Music</i> | <i>December 10</i> |
| <i>Youth Group Carolers Sing-along</i> | <i>December 15</i> |
| <i>Golden Tones Chorus</i> | <i>December 16</i> |
| <i>Sunnyside Swing Band</i> | <i>December 19</i> |
| <i>Guy Lombardo's 1994 New Year's Eve Party</i> | <i>December 31</i> |

Hearthstone Caregiver Support Group (at Hearthstone) December 11, 6:00 PM