



Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994
This is home!

December 2018



CREATIVE COSTUMES: Residents **Ann** and **Bob DiMilla** portray Pilgrims, **Carol Bajor** becomes Raggedy Ann, and an unrecognizable **Fran Britton** makes Freddie Krueger look tame. Also, decked out in colorful leaves, **Judy** and **Bernie Goodwin** depict a New England fall.



FEELING FESTIVE: Everyone is invited to take part in the **Hanukkah** lighting ceremony, beginning **Sunday, December 2**, at **4 PM**, in the Bill Miller Room. Then, join us **Sunday, December 9**, **2 - 4 PM**, for the annual **Resident Holiday Party**. Enjoy crafts, treats, traditional music, readings, and a visit from a jolly old elf. For any child you invite, please leave a wrapped gift (with a value of less than \$10) at the front desk on Sunday before the party. Clearly mark the child's name so Santa can present it to the proper recipient.



DECO DAY THANKS: Much appreciation to all who helped decorate the campus! A reminder: When decorating your apartments, *no* live holiday trees, wreaths, or garlands are allowed, per Marlborough Fire Department.



BOUNTIFUL BUFFETS

Hot on the heels of our splendid **Thanksgiving** spread, our chefs are hard at work preparing for our annual **Christmas Day Buffet**, **Tuesday, December 25**, from **11:15 AM to 1:00 PM**. Please email

reservations to diningservices@cummings.com or see **Teresa** or **Amanda** by **December 14**. Guests' meals are \$20 each for adults and \$10 for children under eight.

Pizzaiolo!

Pizza maker **Andy Eick** shows off his dough-stretching skills at a French Village "Cooking with the Chef" event. The critics—who sampled the fresh pies—were most appreciative.



Find us on Facebook: Click on the logo on the left to check out our page. Find yourself, your friends and relatives. See what fun we have at New Horizons at Marlborough!

BEAUTIFICATION PROS: For 24 years, The Salon at New Horizons has cut, styled, colored, and permed hair, helping residents look their best. "I've been here since New Horizons' Opening Day!" laughed Owner/Manager **Randy Carpenter**. He told us that this is what keeps him here: "The residents are awesome! The way New Horizons is run, giving residents the ultimate in kindness and respect—that's never changed.



We have an excellent team of people in the salon who enjoy and respect the residents as much as I do." That dedicated team—five hair stylists and a new nail technician—have logged nearly 75 combined years at The Salon. Over the years, the group displayed other talents: "**Merrie** and **Simone** did a Supremes act at a talent show one year, playing to a packed house. The residents loved it and we had a lot of fun!" If you or a family member needs a great gift idea, gift certificates are available at The Salon. Stop by the 400 building and follow the barber shop pole.



Pictured, left to right: resident Ellen Dowling with stylist Erlene Hinckley; Carolyn Patten with Simone Imperato, and Joan Western with Merrie Ray.



VNA Care Advantage

VNA Care

TIMELY TALKS

The first monthly "Health Tips" by **Lisa Fortin, RN, BSN** (on noroviruses and flu) got a great response. She will be back **December 11, at 2:00 PM**, with a talk on diabetes. Her **January 8** talk is about preventing falls. "My goal is to help residents stay healthy and independent!" A discussion follows the presentations, scheduled for the second Tuesday of each month. Lisa welcomes your topic suggestions. Visit her at the Wellness Center, or contact Community Services.



BRIGHT WINTER HATS AND WARM WOOLEN MITTENS

These are a few of our favorite **Busy Hands** things! Add to that list: leg warmers, scarves, afghans, animals, shawls, and dolls. Pick up your own hand-crafted favorites for yourself or

loved ones at Busy Hands' annual winter sale. It takes place **Tuesday, December 11, 1:00 to 2:30 PM**, in the 400 lobby. As always, they are crafting for a cause, with proceeds to benefit a worthy charity.



'TIS THE SEASON OF GIVING

Take a moment to reflect on the daily kindnesses you receive from our staff. If you haven't done so, please consider donating to the Staff Appreciation Fund. You may give sealed envelopes to any director or drop them at the Front Desk.

Mark Your Calendar!

December 1	Worcester Chorus at Mechanics Hall	12:15PM
December 6	Ron Barclay's Holiday Music Program	2:30 PM
December 11	Busy Hands Craft Sale	1:00 PM
December 12	Wayside Inn Holiday Lunch	11:30 AM
December 16	Bach Family Christmas - Worcester	12:15 PM
December 16	Tower Hill Botanical Garden "Night Lights"	4:00 PM
December 18	Carillon Caroling	2:00 PM
December 19	Northborough Senior Center Harmonica Club	2:30 PM
December 22	Assabet Valley Chamber Singers	2:00 PM
December 29	Sunnyside Swing Band	2:30 PM

To view this newsletter in color, see the postings throughout the community, or visit www.countrycommunities.com