



# Community Connection

**New Horizons at Marlborough**  
**Serving Metrowest Seniors Since 1994**  
*A Turning Point in Senior Living!*

**May 2025**



**CELEBRATING MOMS—A JOYFUL DAY:** Mother's Day at New Horizons included a special dinner with a choice of prime rib or marinated sea bass prepared by **Chef Marcos deOliveira** and his team, a decadent dessert buffet, and lots of time with family and friends. Pictured above, with family, left to right: residents **Aparna Ghosh** (far right) and **Elayne Foisy** (second from left). Below, left to right: resident **Elaine Baker** (center) and family; resident **Sister Bertha Resendes**, **Doreen Keville** with her mother, resident **Barbara Djavaheri**, and resident **Kay Tarpinian**.



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New Horizons at Marlborough





**VIVA MEXICO FIESTA:** Memory Care residents gathered on May 5 for a Cinco de Mayo party featuring Mexican music, snacks, and mock margaritas. Picture above, left to right, residents **Sophie Mazokopos**, **Calliope Carmosino**, and **Eric Tarini** enjoy the festivities. Cinco de Mayo commemorates the 1862 Battle of Puebla, when outnumbered Mexican forces defeated the invading French army. A minor holiday in Mexico, it has become a popular celebration of Mexican-American culture in the United States.

### UPCOMING EVENTS

#### May Is Big Band Month

- May 28** History Mystery Ride\*
- May 29** Music with the Rockin' Chairs  
Dinner and a Movie: Chicago\*
- May 30** Portrait in Jazz Band
- May 31** Music with **Joe Pete**

#### June Is 1950s Month

- June 3** Tenor **David Won** and accompanist **Papa Dakais** perform
- June 4** Outing to The Butterfly Farm\*\$\$
- June 5** Blood Pressure Clinic
- June 7** Elvis performs
- June 10** Community Care Club meets
- June 11** Outing to Ulman's Ice Cream Stand\*\$\$
- June 12** **Mel Stiller** on Piano
- June 14** Music with **Peter Kostopoulos**
- June 15** Father's Day Celebration

\*Sign up with **Debbie** at ext. 5221



**THANK YOU, NURSES:** Every May, New Horizons sponsors a luncheon during National Nurses Week. During this event we honor both retired nurses and the nurses who work in our community. Above, resident **Doris Brugger** holds a card describing a nurse as “a scrub-wearing, smile-bringing, life saver who lives to heal and loves to encourage.”



**PAULA ADELSON:** Paula was born and raised in New Haven, Connecticut and lived in Sudbury for many years. She held numerous jobs, including animal control officer, limousine driver, dog group leader, and election worker. She also won an award as New England volunteer of the year and earned a blue ribbon in dressage, a horseback riding event.

Paula married her late husband 30 years ago. The pair had five step-children, who gave them 13 grandchildren and two great-grandchildren. A dog lover, she can be seen around campus with her canine friend, **Yoda**.



**MARY BLANCHARD:** Mary was born in Utica, New York and moved to Albany at the age of nine. She holds a Masters in Counseling from Boston University and worked as a mental health counselor and early childhood specialist.

Mary has one son, five step-children, nine grandchildren, and three great-grandchildren.



**TONY AND HELEN FIORE:** Helen was born and raised in New York, and Tony was born in Italy. She studied psychology in college and he majored in literature. They were married in a lovely winter wedding in 1963.

The couple lived in Harvard for many years. Helen worked as a medical technician and Tony worked in the computer industry. They are very proud of their daughter, **Diana**, who helped them choose New Horizons as their new home.



**SISTER JEANNE FRECHETTE:** Sister Jeanne was born and raised in Lowell and attended Elms College in Springfield. She was a kindergarten teacher for many years and enjoyed doing ceramics. These days, her favorite pastime is spending time with friends. She is looking forward to connecting with new and old friends at New Horizons, including sisters with whom she lived and worked in her spiritual community before coming here.





**DAGNY HASSINGER:** Dagny was born in Bergen, Norway and raised on Staten Island. She attended Wagner College, where she studied mathematics. Before having children with her late husband **George**, she worked as a computer programmer. Later, she went back to work in the computer graphics and art field.

Dagny has two children, three grandchildren, two great-grandchildren, and a cat named **Freddie**. She enjoys art, reading, and knitting.



**JIM KAMENELIS:** Jim was born and raised in Holyoke and Springfield and attended Rollins College. He lived in Melbourne, Florida for many years, where he worked in IT management. He has one child and three grandchildren.

Jim enjoys traveling, golfing, biking, and watching sports. He is looking forward to continuing his active lifestyle and being closer to his family in Marlborough.



**STEW SANDERS:** Stew was born and raised in Wellesley. He and his late wife, **Nancy**, raised their family in Belmont and later retired to Plymouth. He studied English at Dartmouth College and also attended Harvard Divinity School.

Stew and Nancy met on a bus for a church youth group event. They have two children and four grandchildren.

Stew served in the Navy and also worked in a variety of jobs, including sixth-grade science teacher, assistant to the dean of students at Dartmouth, and in the Harvard University billing office. He is a birding enthusiast, a published author of a book on ecology, and is active in his church.



**STEPHEN SELLEY:** Stephen was born in Budapest, Hungary. He attended MIT, served for five years in the US Army, and worked as an electrician.

Stephen and his late wife had one daughter. His accomplishments include winning the world championship in skeet shooting in 1988. He enjoys woodworking, doing puzzles, and gardening.