



# Community Connection

**New Horizons at Marlborough**  
**Serving Metrowest Seniors Since 1994**  
*This is home!*

**August-September 2024**



**A LOBSTER FEAST:** Residents got cracking at the annual August LobsterFest celebration. Chef **Marcos DeOliveira** and his staff served a choice of traditional whole lobsters or lazy man's lobster accompanied by classic sides, including corn on the cob and boiled potatoes. Above, left to right, **Karin Kirby**, **Theresa Campbell**, and **Vivian Akillian** await the arrival of their lobsters; **Faith** and **Peder Field** — dressed to impress in lobster-themed hats and t-shirts — dig into their dinners.



**HAPPY ANNIVERSARY:** We recently hosted an anniversary reception celebrating community members who reached the milestone of 5, 10, 15, or 20 years of residence at New Horizons. Guests enjoyed refreshments and listened to congratulatory remarks from Executive Director **Betsy Connolly**. Each honoree received a gift box in honor of the occasion.

Pictured at left, two of our longest-standing residents, **Peg Keeler** (20 years) and **Beverly Rinck** (22 years). Beverly said of her time at New Horizons, "I've felt warmth from everyone and helping hands whenever I needed."



@newhorizons.marlborough



New Horizons at Marlborough





**ADDING COLOR TO THEIR DAY:** Residents of our Memory Care unit enjoyed a vibrant and creative activity: making tie-dye shirts. Activities like this offer an opportunity for residents to express themselves, practice their gross and fine motor skills, engage with one another, and have a bit of fun outdoors on our patio.

With staff members assisting every step of the way, the residents selected their favorite colors, twisted and tied their shirts, and enjoyed applying the dyes. We regularly offer craft activities that give residents a sense of accomplishment and engage them cognitively. Pictured above, left to right: residents **Betty Walters**, **Jim Halliday**, and **Rita Sixsmith** work on their shirts.



**FAMILY FUN FESTIVAL:** Mark your calendar for **September 8, 1:30-4:30 PM**, and invite your families! Our popular outdoor autumn event for residents and their families happens every year on Grandparents Day. We'll have two bands, games for adults and kids, snacks, petting and reptile zoos, a magician, face painting, balloon animals, and more. In the event of rain, the fair will take place indoors.

### Upcoming Events

- Aug 23** Music with **Jeffrey Folmer**
- Aug 28** Mystery Ride\*
- Aug 29** Dinner and a Movie -  
*Bob Marley: One Love\**
- Aug 30** **Lori Brooks** on Guitar
- Aug 31** Jeopardy with **Mark**
- Sept 4** Outing to the Ecotarium\*
- Sept 8** Family Fun Festival
- Sept 11** Tour the American Antiquarian Society  
in Worcester\*
- Sept 12** Sunnyside Swing Band
- Sept 19** Dinner and a Movie in the OTC:  
*Fly Me to the Moon\**
- Sept 26** Cooking with Chef **Paula**:  
Demo and Tasting

\*sign up with Debbie at ext. 5227



### WELCOME, SUNNY:

New Horizons extends a warm welcome to our new Memory Care director, **Sunny Maraj**.

Sunny comes to us with more than 20 years of experience working with older adults with memory issues. She is looking forward to getting to know our residents and their families and making their time in Memory Care as safe, comfortable, and supportive as possible.

## MEET OUR NEW RESIDENTS



**Paul Connolly:** Paul was born and raised in Galway, Ireland. He later immigrated to the United States and lived in Watertown, Massachusetts, where he worked for Shipley Company. He is married to **Rosemary**. They have two sons and two grandchildren.

Paul is a veteran who served in the infantry in Vietnam in 1968. He has traveled back to Ireland many times to visit family and plans to visit again this summer. A big fan of the Bruins and of Irish football, Paul also plays the accordion.



**Sophie Mazokopos:** Sophie was born in the mountains of Greece and later lived in Athens. After she moved to the United States, she lived for many years in Wayland, Massachusetts.

Sophie worked as a secretary and has two children. She enjoys knitting, painting, and spending time with her two cats, **Amber** and **Jade**.