

# COMMUNITY CONNECTION

## New Horizons at Marlborough

*A Turning Point in Senior Living!*

**April 2026**



**The Passport Program takes us adventuring around the globe:**



In Italy, **Dagny Hassinger** and **Anna Falcon** craft decorative wine bottles while sipping a glass of Chianti.



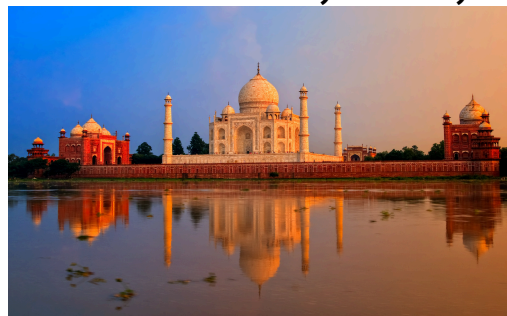
Front Desk Attendant **Kaleigh Brennan** whisks us away to Japan.



**Everyone** feels the rhythm with **Africano Waltham** and **Ammaya Dance and Drum Team**.



**Join us as we take off for Brazil, India, and Guatemala**



To view this newsletter in color, see the postings throughout the community or visit [www.countrycommunities.com](http://www.countrycommunities.com)

# MEMORY CARE HIGHLIGHTS

The Passport Program brought us to Ghana, Africa, where we were treated to an engaging presentation from **Solomon Sarfo**. Below: **Solomon** and **Gladys Amanning** with **Vic Valenti** (left) and **Deborah Parker** (right) in front of the stunning Boti Falls.



Residents **Vic Valenti** and **Deborah Parker** model Ghana's traditional handwoven smock, crafted from cotton strips.

## Upcoming Events

*Watch Channel 918 for more details*

### Travel to Thailand

- Apr 8: Food tasting: flavors of Thailand
- Apr 10: **Sarah's** trip to Thailand
- Apr 11: Traditional Thai dance program

### Travel to Brazil

- Apr 13: Culinary chat with **Danielle**
- Apr 15: Memorial Service
- Apr 17: Brazilian wine tasting
- Apr 18: Brazilian mandolin music with **Richardo**
- Apr 19: New Horizons Chorus: spring concert

### Travel to India

- Apr 20: Culture, color, and tradition with **Rupal**
- Apr 21: Indian belly dance
- Apr 25: Sudha dance performance

### Travel to Guatemala

- Apr 27: How to make flour tortillas
- May 1: Jack Abbey beer tasting with wine and cheese
- May 2: Guatemalan singer **Kevin Morales**
- May 11: **District Attorney Ryan**: elder scams

## Did you know?

### Meal Portions

We offer flexible portion sizes at every meal to match your appetite and preference. Choose from a Half, Healthy, or Hearty serving. (Note: "Healthy" is the default serving size unless otherwise specified.) Not feeling too hungry? Ask for a Half. And if you'd like a little more, seconds are always available—just let us know.

### Soup and Half Sandwich

Enjoy a cup of home-style soup with half of a specialty sandwich—perfect for a satisfying yet lighter meal. This popular option is served at lunch, Sunday supper, and upon request from the "Always Available" menu.

# MEET YOUR NEW NEIGHBORS

## John and Mary Stapelfeld



John and Mary are a wonderful couple with a lifelong commitment to family, education, and each other. John grew up in Manhattan Beach, California and Hudson, Massachusetts. Mary was born in Clinton and graduated from Hudson High School before attending Mount Saint Mary College in Newburgh, New York.

John dedicated his career to education, serving as vice principal and principal of Hudson High School for many years. The pair will celebrate 61 years of marriage this year. They are the proud parents of four children, and have eight grandchildren and one great grandchild—their greatest joy.

The Stapelfelds enjoy traveling, especially to Ireland, along with walking, reading, and spending time at the beach. John looks forward to becoming more social at New Horizons, and Mary is excited to attend church, join activities, and make new friends.

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## Diane Hellie



Diane was born and raised in Sioux Falls, South Dakota. She went on to pursue a career in nursing, spending many years caring for others—a profession she truly loved and found very rewarding.

Diane and her husband, **Bob**, were married for nearly 60 years. Together, they raised two children, who gave them five grandchildren. Diane considers her family and her nursing career to be her greatest accomplishments.

Over the years, Diane has enjoyed traveling, with memorable trips to Okinawa, Japan, the Gulf Coast of Mexico, and several destinations across the U.S. She spends her free time cross-stitching and reading, and moved to New Horizons to be closer to her daughter in Sudbury.

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# MEET YOUR NEW NEIGHBORS

## Richard “Dick” Guzzi



Dick was born and raised in Newton, Massachusetts. He attended Boston University, earned a degree in physical education, and went on to build a long and rewarding career as a PE teacher. In addition to teaching, he served for six years in the U.S. National Guard.

Dick spent many years living in Southborough, where he raised his family, participated in community theater, and even appeared on television a few times. He is a proud father to four, grandfather to eight, and great grandfather to one, all of whom are precious to him.

In his free time, Dick enjoys playing golf and staying active. He chose New Horizons as a comfortable place to live and make new connections.

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## Carol O’Sullivan



Carol was born and raised in Worcester, Massachusetts and graduated from Commerce High School. She met her husband, **Dan**, on a double date, and they shared 54 wonderful years of marriage before his passing two years ago.

Carol began her career at New England Telephone, where Dan also worked, and later worked for several optometrists in the Worcester area. They raised two children, who gave them four delightful grandchildren.

Carol enjoys traveling, especially to Ireland and France, and loves spending her summers in Harwich Port at her daughter’s home. Here at New Horizons, she looks forward to meeting new friends, becoming more social, and enjoying all that the community has to offer.

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*We are thrilled to extend a warm welcome to **John and Mary Stapelfeld, Diane Hellie, Dick Guzzi, and Carol O’Sullivan**. Please join us in supporting them as they embark on this new journey.*

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