

New Horizons and The Meadows

Community Connection



November 2009

Giving Thanks this Season for

Individuals serving our country ... Many military personnel will miss holidays with their families as they continue to put their lives on the line in service to the United States. Please consider joining with residents of the 370 building in sending packages of care to our soldiers overseas. **Nancy Gillis (370/306)** and **Jo Ann Wright (370/303)** are coordinating the efforts and would especially welcome donations of the following items: games, hard candy, licorice, T-shirts, beef jerky, socks, notepaper, and pens. Donations may be left in the specially marked box located in the 370 mailroom. For more information, please call Nancy (508-573-1306) or Jo (508-573-1303) directly.



Creative folks who share their talents ...

- ❖ **Ron Barclay's** piano artistry is a community highlight on Saturday afternoons that began nine years ago! He has shared his talent and love of music with dedication and we, in return, would like to express our sincere appreciation for this special gift of time and talent. Please plan to attend *Piano with Ron* on **Saturday, December 5**, as we pay special tribute to this generous gentleman. We are also eagerly looking forward to the musical delights that abound at this time of year!
- ❖ Mark your calendars for the following seasonal performances taking place in the Assembly Hall: **100th Town Chorus** on December 2, **Women of Note Barbershop Chorus** on December 6, **Students of Camille Foster Piano Recital** on December 10, **Sudbury Savoyards** on December 17, and **The Golden Tones** on December 18.

Festive and traditional opportunities to gather with family and friends ...

- ❖ **Thanksgiving Day** will soon be here! Residents of New Horizons are requested to inform a dining room manager by **Thursday, November 19**, if intending to host guests for the annual buffet. As the Broadmeadow dining room will be closed, Meadows residents planning to attend the holiday buffet should also notify a manager by the 19th. Reservations for the **Christmas Day** buffet can be made until **December 18**. These special holiday dinners will be served from **11:15 AM to 1:30 PM** in The Atrium. The holiday meal charge is \$20 for adult guests and \$10 for children under the age of 8, and will be applied to residents' monthly statements.
- ❖ Join us for each of the eight evenings of **Hanukkah (December 11-18)** as we light the menorah in the Bill Miller Room at **4:00 PM**.
- ❖ On **Sunday, December 13**, from **2:00 PM to 4:00 PM** New Horizons holds its annual holiday celebration for residents and family members of all ages with our own staff talent adding to the merriment. Games, crafts and delicious treats await! Bring your jingle bells and get ready to sing in a winter wonderland! As Santa's toy-packed sleigh is expected to arrive at approximately 3:00 PM, *please be sure to provide a gift (\$10 or less) for each child in your family who will be attending*. All gifts should be brought to the Front Desk during the week preceding the party, and should be marked with both the first and last name of the child. Due to the popularity of this event, the dining room must adhere to a strict 48-hour advance reservation policy for guests dining at lunch or dinner on that day.

Natural beauty and holiday colors ... The festive decorations announcing the holiday season are enjoyed by residents and visitors alike! If you are planning to adorn your suite and doorway, please remember the following: live greenery is not permitted, nails are not to be used on doors, and decorations must not impede hallway access in any way. The Marlborough Fire Department requires the removal of any live decorations in common areas as well. Thank you for following these community rules intended to ensure that decorations are not the cause of any holiday mishaps.

New friends ... Neighbors joining our community this month are Jean Akin (400/128) of Wayland; Alberta Fullem (400/270) of Charlton; Viola LaChapelle (420/259) of Marlborough; Rita McDaniel (370/107) of Marlborough; Anne Gutterman (420/159) of Westborough, and Herbert and Elizabeth Zschokke (400/243) of Malden. Also, Mary Johnson has transferred to 400/261. We welcome you to your new neighborhood!



Cozy days and nights by the fireside ... To facilitate parking lot maintenance, especially important during snow removal, residents with automobiles on campus are strongly encouraged to submit a set of keys to the Front Desk and sign a release form that allows staff to move their vehicles. All residents should take note of the posted snow parking plan *prior* to a predicted snow storm and park accordingly. In the event that a resident's car is not in the proper location, *prior to the storm*, it will be moved at the resident's expense regardless of whether the keys are in New Horizons' possession or not. After the storm, for those cars for which we have keys provided in advance, New Horizons will brush off windshields and move vehicles to a plowed space at no charge. With so many cars to move and areas to clear, however, we are unable to return cars to their original locations.

A strong non-profit foundation providing financial support ... While other retirement communities apply necessarily sizeable rent increases to continue day-to-day services in a weakened economy, Cummings Foundation announced that all normal cost of living increases will be suspended through 2010. Similarly, although the rates for health services from Care Solutions to New Horizons have increased by 6.7%, this increase is not being passed along to residents enrolled in our current standard assisted living programs.



Staff who keep us well-fed, happy and warm ... Please remember the hard-working staff who make it possible for you to forget about driving in the snow, shoveling your walk, menu planning, grocery shopping, scrubbing pots, remembering to take your medication or cleaning your apartment! **The Staff Holiday Fund** offers an annual opportunity to thank the individuals who provide routine services to all residents living in our continuing care community, many diligently working behind-the-scenes, too (e.g. shampooing carpets, laundering table linens, chopping vegetables, etc.). **Kindly note that this fund does not in any way benefit the executive and associate directors or the marketing staff. About 145 other employees, however, divide the fund based only on the number of hours each has worked during the previous 12 months.** A special envelope and pre-printed donation insert are included for those who wish to mail a check directly to the Cummings Foundation office or have the contribution added to the monthly statement. Alternatively, sealed envelopes may simply be left at the Front Desk. All donations are confidential, but will be acknowledged in writing.