



# Community Connection

**New Horizons at Marlborough**  
**Serving Metrowest Seniors Since 1994**  
*This is home!*

**September 2023**



**FAMILY FUN FEST:** Join us on Grandparents Day, **Sunday, September 10, 12:00 - 4:00 PM**, for our annual celebration for residents and their families. The festival will feature live music, a petting zoo, games, refreshments, and more. Please RSVP on the sign-up sheets, which will be located in 400 by the front desk and on the table next to the OTC white board as well as in the 370 and 420 mailrooms.



**LOBSTER FEST!** It was all hands on deck to provide our assisted and independent living residents with a delicious lobster dinner. Pictured above, clockwise from top left: residents **Linda McLatchie, Barbara Druvins, Sandy Campbell, Genevieve Bagdis, Peg Webb, Sharon MacKinnon, Dennis Aramburu, Peg McDermott, George Krusen, Wait Staff Jacob Schofield, resident Joe Dzigas, and Executive Chef Marcos de Oliveira.**



**MEMORY CARE KARAOKE:** Our residents love to socialize with music! On karaoke day, they had the opportunity to sing and accompany each other with a variety of percussion instruments. Pictured, left to right: Residents **Norma McCarty, Frank Mercurio, and Ruth Chaffee.**



**FALL JEWISH HOLIDAYS:** The Jewish New Year begins at sundown on **Friday, September 15.** **Arlene Lemieux**, Jewish family spiritual leader, will lead a Rosh Hashana service and shofar blowing on **Sunday, September 17.**

Arlene will hold a Yom Kippur service and New Horizons will host a Break Fast meal on **Monday, September 25.** Please RSVP for the meal to **Debbie LeBlanc** at extension 5227.

We'll also post more details on Channel 918 in September about celebrations planned for the Sukkot holiday, which begins on **Friday, September 29.**



## September Calendar Upcoming Events

- Sept 2** Painting Lessons with JJ Long\*
- Sept 4** Summer Send-off : Seabreeze Cocktails with Chips and Dip
- Sept 6** Old Berlin Farm Tour\*
- Sept 7** Trombetta Ice Cream Truck
- Sept 9** Parkinson's Disease Support Group
- Sept 10** Family Festival
- Sept 14** Blood Pressure Clinic
- Sept 22** Apple Picking, Berlin Orchard\*
- Sept 27** Sunnyside Swing Band
- Nashoba Valley Winery Wine Tasting\* (if enough interest)

\*sign up with Debbie at ext. 5227

**REVIEW NEW HORIZONS:** Thank you, Patty, for posting this excellent feedback about New Horizons on Google.com! Google and Facebook reviews are one of the best ways to help others find our community.

"I would like to say that New Horizons has exceeded my expectations. My dad became a resident 4 years ago and has had an excellent experience. The activities, especially the indoor pool, 3 fantastic meals per day, and overall décor of this facility are top notch! Betsy & Tony have always demonstrated professionalism with a nice touch of empathy and compassion. All of my dad's needs were met, including an occasional haircut and WooSox game!"

~Patty Chisholm