



Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994

This is home!

September 2018

FEEL THE HEAT: A LUAU AT 400 AND BARBECUES ON THE 370 AND 420/VILLAS PATIOS



Jean Cullinane, dancer Sarah McGinness, and Sylvia Safferson go Hawaiian.



Decorated with pink flamingos and colorful balloons, the 420/Villas patio was christened with a barbecue. Tak McCarthy, Mei Chen, and Joan Western sport sun-shielding headgear for the event.



Enjoying the 370/Cottages patio picnic are Veronique Turner, Lorraine Lesieur, and Sharon MacKinnon.



LOST AND FOUND:

Resident **Beverly Rinck** has high praise for New Horizons. After accidentally putting her pair of prescription glasses in the trash, and having them returned without a scratch, she expressed her gratitude by writing to Executive Director **Andy Eick**, "I want you to know how safe and *cared for* I feel living here!" Should you or a loved one ever misplace anything — like glasses, jewelry, or a medical alert bracelet — call the Front Desk for help.

COMMUNITY EXCHANGE BOARD

If you wish to give or receive *free* goods or services, try posting a notice on our new 400 mailroom bulletin board. Use it to donate unneeded medical equipment, offer to read to another resident, find a fellow canasta player, or swap favors, such as pet or plant sitting.



ARE YOU READY FOR SOME ~~FOOTBALL~~ FAIR?

New Horizons' 24th annual Country Fair pays special tribute to grandparents on **Grandparents Day, September 9**. Our family-friendly event boasts a petting zoo, live banjo music, face painting, games, a magic act, barbecue, ice cream, and cotton candy. The Busy Hands crafters will be selling hand-knit creations for a good cause, with proceeds benefiting Easter Seals. The event is free for all residents and children under five. Guest tickets — which include all food and activities — are currently on sale for \$10. After August 31, the ticket price increases to \$20. The fair kicks off National Assisted Living Week. Look for information stations and celebrate this year's theme, "Capture the Moment," at our photo booth.

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MAIN STREET RESIDENT ART SHOW MAKES BIG SPLASH



Residents and staff admire paintings, drawings, wood carvings, ceramics, and needlecraft.



Artist **Georgina Camillo** poses in front of her lovely paintings.

THE GARDNER MUSEUM IN GARDNER, MA



Dot Tracy, mother, artist, retired nurse, investor, and Gardner Museum founder, pictured here by a museum doll exhibit. Dot bought the building for a dollar - a smart investment for the *Chair City*.



Dwarfed by one of the museum's giant chairs, **Carol Bajor** is reminiscent of Lily Tomlin as her *Laugh In* character *Edith Ann*.

SEPTEMBER IS PAIN AWARENESS MONTH

VNA Care offers a special pain resource through its *Palliative Care Program*. It provides pain and symptom management to help people achieve their best possible quality of life. Unlike hospice, which is for people with a terminal illness, palliative care helps individuals and families dealing with advanced or serious health issues at any point in their lives. The Palliative Care Team includes a physician and nurse practitioners with expertise in pain and symptom management. Additional home health care clinicians may be involved in a patient's



VNA Care Advantage
VNACare

care, including nurses, rehabilitation therapists, social workers, and nutritionists. For more information, please call VNA Care at 800-728-1862 or stop by the VNA office across from the 400 Concord Dining Room.



DRESS TO THE NINES ...

if you're so inclined... or not.

Either way, please celebrate New Horizons' 24th birthday bash. The gala event begins with 370, Villas

and Cottages' **Dress for Drinks on September 27.**

September 28 is 400 and 420's **Dress for Dinner.**

Enjoy good company, food, drink and live music.

NO ROOM AT THE VILLAS! We are proud to

announce that we have reached 100-percent occupancy in our newly created apartments, Marcos' Villas. Opened in May, the independent living units are a welcome addition to the Meadows!



Mark Your Calendar!

September 3	Labor Day Observance	2:00 PM
September 9	Country Fair & Grandparents Day	11:00 AM - 3:00 PM
September 10 & 11	Rosh Hashanah observances with Arlene Lemieux	9:00 AM - 11:00 AM
September 16	Mini Horses	10:30 AM
September 19	Yom Kippur observances and "Break the Fast" meal	5:30 PM - 7:30 PM
September 20	Frank King : New Resident Reception—Meet & Greet!	2:30 PM
September 25	Meet Me at the Movies	2:00 PM
September 26	Hearthstone Caregivers Support Group	6:00 PM
September 27	370/Villas/Cottages Dress for Drinks	3:00 PM - 4:00 PM
September 28	400/420 Dress for Dinner	4:00 PM - 6:00 PM

To view this newsletter in color, see the postings throughout the community, or visit www.countrycommunities.com.

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