



# Community Connection

New Horizons at Marlborough, LLC  
Serving Metrowest Seniors Since 1994

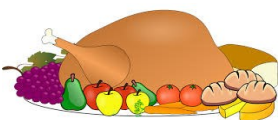
*This is home!*

**October 2018**



*Pictured, left to right: **Raymond Henning's** great-granddaughter, **Willow**, enjoys ice cream; **William Dowling** celebrates **Grandparents Day** with his granddaughter, **Maeve**; **Sally and Bud Sheldon's** happy face-painted great-grandson, **Oliver**; **Mary Doherty's** great-granddaughter **Lila** takes her turn brushing a goat; **Ute Park** becomes a kid again with cotton candy.*

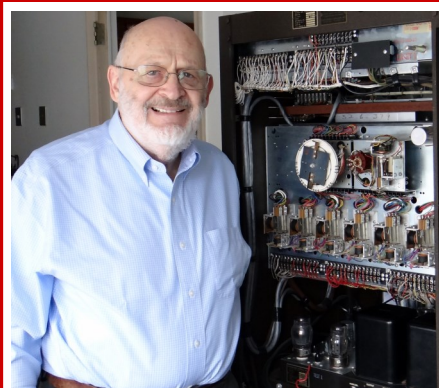
**FALL WAS IN THE AIR** for New Horizons' 24<sup>th</sup> annual Country Fair. It was enhanced by the aromas of fried dough, freshly popped corn, and smoky barbecue, and accompanied by Old Tymes Banjo Band music and the sound of children's laughter. Everyone delighted in pumpkin and face painting, game playing, and zoo animal petting. Thanks to the combined proceeds of **Elizabeth Gebhard's** plant sales and our Photo Spot team, Boys and Girls Club of Metrowest will receive a \$274 contribution. Chilly weather brought brisk sales for our Busy Hands group, which will donate \$1,571 to Easter Seals. Led by 14-year volunteer **Alice Wright**, they craft for a cause. Says **Alice**, "I wouldn't do this if it weren't fun! It's a social club made up of a great group." She credits Senior Administrator **Sandy Aker** for suggesting that her original knitting club—which donated its handiwork—instead sell its creations for charitable donations. Super shopper **Alexa** (*pictured below with Alice*) is the daughter of custodian **German Oseida**. She was on a mission to support Busy Hands! Her purchases included an already beloved baby doll in a hand-knitted basket, a flowered ear warmer, and a scarf. (Think winter, because Busy Hands is gearing up for its December sale!) Many thanks to all the staff, volunteers, campus partners, and vendors who created a **Grandparents Day** celebration that was fun for the very young—and the young at heart. Check out our Country Fair Photo Album at: [www.Facebook.com/NewHorizonsMarlborough](http://www.Facebook.com/NewHorizonsMarlborough)  
*Additional pictures, below: compliments of Bouvier Pharmacy, **Christine Begin** performs balloon artistry for a steady stream of fans; **Rhoda Rosenberg** takes a break among the pumpkins.*



**TURKEY DAY is November 22.** Don't miss our famous **Thanksgiving** buffet! Adult guest tickets are \$20 before **November 16** and \$30 thereafter. Tickets for children under eight are \$10. You may email reservations to [diningservices@cummings.com](mailto:diningservices@cummings.com).



**GIVING BACK:** New Horizons is proud to be part of the Cummings organization, which was recently named Massachusetts' "Top Charitable Contributor" for the third year in a row.



**THE BELLS ARE RINGING AGAIN!** Thanks to the ever-ingenuous **Bob Simcoe** and his engineering skills, New Horizons' Cushing Chapel is filled with the glorious sounds of an electronic Schulmerich Carillon. Bob discovered it abandoned and silent in a closet behind the chapel sacristy. "I was intrigued by this ancient musical instrument and asked for Andy's permission to resurrect it." Permission granted! Bob replaced the old clock mechanism with a rebuilt version and also replaced the electrolytic capacitors. That did the trick! Now he wants to find a way to copy the chapel's music roll library to create a sequential digital "play list." He looks forward to the sounds of chiming hymns and Christmas carols in December.



**GRACIOUS GIFT:** New Horizons residents enjoyed a musical tribute to **Helen Gagliardi** by the Sunnyside Swing Band. *Pictured: Helen's daughter, **Bonnie LeFlore**, (front row, second from the left) poses with the band and family members.* We thank Bonnie and all of Helen's family for sponsoring the event, displaying the same spirit of generosity for which Helen is so fondly remembered.

**WELCOME, DR. GREG S. TOEGEL!** Psychologist Dr. Greg Toegel looks forward to supporting New Horizons residents. As behavioral health manager, Greg will oversee specialty services, including VNA Care's Cognitive Behavioral Health Program, using cognitive behavioral therapy to better manage conditions like anxiety and depression. The nonprofit's services also include the Alzheimer's Whisperer Program, which prepares patients, families, and caregivers for each phase of the disease. Dr. Toegel's extensive background includes counseling individuals and families at Behavioral Health Network in Springfield, as well as assisting people in crisis at the Baystate Medical Center and Holyoke Hospital emergency rooms. A graduate of American International College, Dr. Toegel holds a doctorate in educational psychology and master's in clinical psychology. He also received the Advanced Clinical Hypnotherapy Certification from New England Institute of Hypnotherapy. For more information about VNA Care's Behavioral Therapy Program and other services, please call 800-521-5539 or stop by the Wellness Center across from the Concord dining room.



**VNA Care Advantage**  
VNA Care

**Mark Your Calendar!**

October 2	Medicare Information & Education Session	2:30 PM
October 4	Saxophonist <b>Brian Kane</b>	2:30 PM
October 7	Celebrate <i>Oktoberfest!</i>	2:00 PM
October 15	Live oldies with <b>Joey B-Bop</b>	2:00 PM
October 18	Pianist <b>Ron Barclay</b> : New Resident Reception	2:30 PM
October 21	Guitarist <b>David Bazin</b>	2:00 PM
October 25	Pianist <b>Ethan Stone</b>	2:30 PM
October 25	Hearthstone Caregivers Support Group	6:00 PM
October 28	Halloween Costume Contest	2:00 PM
October 30	Hearthstone: <i>Meet Me at the Movies</i>	2:00 PM

To view this newsletter in color, see the postings throughout the community, or visit [www.countrycommunities.com](http://www.countrycommunities.com).