



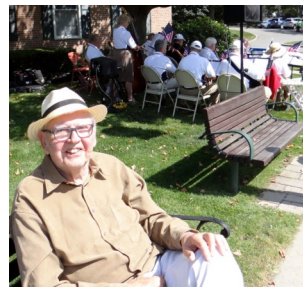
Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994
This is home!

October 2017



FABULOUS FAIR The 23rd annual New Horizons Country Fair/Grandparents Day salute to grandparents was a colossal success! Residents, staff, guests, and family enjoyed a picture-perfect day of fun with face painting, pumpkin painting, a petting zoo, games, bubble chasing, banjo playing, lemonade, popcorn, ice cream, snow cones, cotton candy, fried dough, and a delicious barbecue provided by our top-notch kitchen staff. Thank you to everyone who made the event a success. We applaud the Busy Hands crafters whose gorgeous handiwork raised \$775 for Rosie's Place in Boston. **Jim Eldridge** made a bonus contribution to Rosie's Place, donating his raffle prize, **Irene Beirsto's** beautiful sea green afghan. A \$145 donation to the Marlborough-based Boys and Girls Club of Metrowest came from the combined proceeds of the family photo booth and **Elizabeth Gebhard's** plant sales. More photos at: www.Facebook.com/NewHorizonsMarlborough Pictured above: Hailey, great granddaughter of **Dick and Danella Pearson**; Alex, granddaughter of housekeeper **Nancy Calderone**; Maeve, Meredith, and Maggie, grandchildren of **Vincent and Nancy O'Brien**; Shayna and Alana, granddaughters of **Caryn Gordon**.



Pictured above: **Bill Fumicello's** great grandson **Harry**; resident **Carol Olsen** gets a (temporary) tattoo; **Jim Eldridge** with **Irene Beirsto** wearing her (and his) donated afghan; joining forces are **Winsley, Madeleine, Matthew, and Leo**, great grandchildren of two resident families, **Jim and Jean Brennan** and **Ethel McMahon**. Bottom row: a bird's eye view of Country Fair; **Elizabeth Gebhard** at her plant-selling station; **Herb Raphael** enjoys the Old Tymes Banjo Band; **Mei Chen** and **Francie Mason** dance to the music; grounds keeper **Rodolfo Melendez** with grandson **Joseph**.



WE HEARD YOU, ladies who take tea and luncheon in red hats! New Horizons' Red Hat Society is in full swing. Partaking in the inaugural monthly event are (left to right) **Carol Bajor, Sylvia Safferson, Jen Bagdis** and **Alysse Farlow**. Showing off their feathered ruby fascinators: Activities Coordinator **Sheree Frazier** and Associate Director **Cheryl Rank, RN**. We sing the praises of the New Horizons Chorus, led by Deputy Executive Director **Betsy Connolly**. Contact **Betsy** if you would like to be the chorus' piano accompanist. Forming our own (impromptu) chorus line! Joining Broadway tunes stylist Jaime Blanch are residents **Diane Sprung, Laura Myers** and **Lorraine Davies**.



HALLOWEEN HOEDOWN AND COSTUME CONTEST Who will be the funniest? The most creative? The spookiest? Gather up your ghoulish

garb, or grab your cowboy hat and bolo tie, and get ready to step out and do some line dancing with **Mary Dragon** and her crew on October 29.

TWO NEW HEALTH-RELATED SERVICES

The **Low Vision Group** now meets at New Horizons. Monthly meetings are held every third Thursday in the 370 Breakfast Nook.

JANET M. SALUK, NURSE PRACTITIONER with First Choice Community Medical Services, is now accepting patients. First Choice is a house call program designed to meet the primary care needs of homebound adults. Services are covered by most insurance companies. Janet can visit you in the comfort of your home at New Horizons, eliminating the need to make the trip to a doctor's office. For more information, call **Cheryl Rank, RN**, at 508-460-5275, or stop by her office.



VNA Care Advantage
VNA Care

TELEHEALTH: Better Health Close to Home

Telehealth is an at-home way to monitor and manage chronic conditions, such as COPD, heart failure, hypertension and respiratory illnesses. It could eliminate frequent, exhausting trips to your doctor's office, or missed appointments due to bad weather or scheduling conflicts. The equipment is easy to use and offers daily monitoring of weight, blood pressure, pulse, and blood oxygen levels. The results are shared directly with your physician, often allowing small issues to be resolved before they become big problems. If you believe you or a loved one would benefit from telehealth monitoring, please contact **Christine Gill**, resident service director, at 508-460-5283, or stop by her office, located next to the indoor pool.

Mark Your Calendar!

October 4	Art Matters: Cézanne	2:30 PM
October 10	Joey B-Bop	2:00 PM
October 13	Fire Safety with Christie Clement	10:00 AM
October 17	The Singing Trooper Sgt. Daniel Clark	2:00 PM
October 19	Temple Emmanuel Students: Word Games	4:00 PM
October 20	Magician Larry Parker	2:30 PM
October 24	Guitarist/Vocalist Jeff Thomas	2:00 PM
October 25	Hearthstone Caregivers Support Group	6:00 PM
October 27	Guitarist Joe Foster	2:30 PM
October 29	Halloween Hoedown/Costume Contest	2:00 PM

To view this newsletter in color, see the postings throughout the community, or visit www.countrycommunities.com.