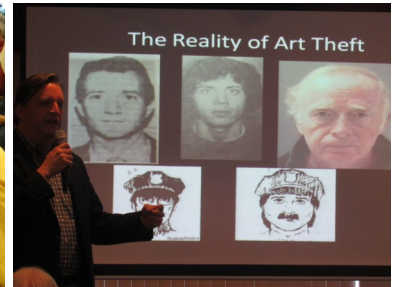




Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

May 2017



WHO DONE IT? WHO STOLE THE REMBRANDTS? “Interesting!” exclaimed **Carol Bajor**. “Entertaining!” proclaimed **Cecil Sprung**. “We want him back!” declared **Diana Sprung**. There were rave reviews for a packed lecture by author **Anthony Amore**, whose books include Stealing Rembrandts and The Art of the Con. He also serves as Isabella Stewart Gardner Museum’s head of security and lead investigator of the museum’s unsolved \$500 million art theft in 1990. Amore recounted stories of Rembrandts taken from three local museums: Worcester Art Museum, Boston’s Museum of Fine Arts, and the Gardner, which lost Rembrandt’s only known seascape. According to Amore, when you steal a Rembrandt, “You haven’t stolen a painting; you’ve stolen a problem.” He told a mesmerizing tale about the daytime Worcester heist of Rembrandt’s St. Bartholomew, the first-ever armed art theft, spearheaded by a mobster. Other mobsters helped to recover the Rembrandt, along with two Gauguins and one Picasso, from a Rhode Island pig farm on a list of hazardous waste sites. Amore’s art theft theory: criminals, not private collectors, are behind the heists, using the priceless artwork as bargaining chips for lesser prison sentences. An interesting side note: he admitted befriending an infamous art thief he calls a “genius.”



DINING NOTES

Don’t miss our delectable **Mother’s Day Buffet, Sunday, May 14**. Please email reservations to food@cummings.com by **May 8**. All residents are welcome. The special buffet charge

is \$20 for residents not on the dinner plan and all adult guests, and \$10 for children age 8 and under.

Memorial Day, May 29, the Concord dining room will serve a traditional barbecue menu of hot dogs and hamburgers. We’re taking reservations for our traditional surf ‘n’ turf **Father’s Day Dinner, Sunday, June 18**. Please speak to **Amanda** or **Teresa** in the dining room, or email your reservations to food@cummings.com by **June 11**.

ANNUAL SATISFACTION SURVEY

Community services associates (CSAs) will distribute the annual New Horizons Residents’ Survey on **May 9**. Assistance will be available at lunchtime and by request at the Ask Me Station in Assembly Hall. Please return completed surveys to the Front Desk by **May 15**. Family members who have provided us with email addresses will receive a link to fill out the survey online. The online survey will be available between **May 1** and **May 15**. In addition to the survey, feedback is always welcome. Comments may be submitted anytime to the suggestion box or to a director.





SCRAPBOOK (Left to right) **HAIL TO THE KING!** Elvis impersonator **Robert Black** rocked the house! He shook resident **Jane Douglas**' hand and left the building with a legion of new fans (including **Jane!**). **BETTER THAN A BLEACHER SEAT:** All decked out for the Red Sox home opener, resident **Veronique Turner** sampled a treat from cracker jack Community Services Associate **Katelyn Reynolds**. **ARTFUL RESIDENT:** Resident **Pratima Goswami** created a colorful mosaic.

Warm Weather Tips Follow these tips and listen to your body during hot weather:

1. **Drink plenty of water, and avoid dehydrating alcohol and caffeine.** Carry a water bottle with you whenever possible.
2. **Plan ahead.** On the hottest days, stay where it's air-conditioned, and plan outdoor activities only during the coolest parts of the day.
3. **Minimize exposure to the sun, and avoid heat exhaustion.** Use sunscreen and wear hats, sunglasses, and light-colored, loose-fitting clothing. Should you become fatigued, weak, confused, or faint, or experience nausea, quickened pulse, or heavy or no sweating, seek immediate medical attention.
4. **Know your medications.** Sun exposure can affect your reaction to certain drugs, so read the labels.



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ALL THE NEW HORIZONS NEWS YOU CAN USE!

Do you know where you can check the location of *Mind and Body Relaxation*? Where can you find today's weather forecast? Or what's on the menu for today's lunch? The answer is channel 918. Tune into New Horizons' community channel for the daily weather and menus, plus activities, entertainment and special events. Keep watching. Who knows? Maybe you or your quotable quote will pop up on the screen!

Mark Your Calendar!

May 2	Guitarist Jeff Thomas	2:00 PM
May 3	Art Matters: <i>American Art, Part I: 1776-1900</i>	2:00 PM
May 5	Bob Simcoe: <i>Preserving the Cosmos</i>	2:00 PM
May 6	Paws for People	10:30 AM
May 9	Honky Tonk Pianist Gary Landgren	2:00 PM
May 12	Tribute to Country Music with Larry Dominico	2:30 PM
May 16	Prestidigitator Larry Parker	2:30 PM
May 18	New Resident Reception with Ron Barclay	2:30 PM
May 19	Guitarist Don Kirouac	2:00 PM
May 24	Westborough's <i>Hundredth Town Chorus</i>	10:15 AM
May 26	Banjo Picker Steve Caddick	2:30 PM
May 31	Hearthstone Caregiver Support Group	6:00 PM

To view this newsletter in color, see the postings throughout the community, or visit www.countrycommunities.com.
New Horizons ~ 400 Hemenway Street, Marlborough, MA 01752 ~ 508-460-5200