



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors Since 1994
This is home!

March 2022



SWEATS FOR VETS: A big thank you to local nonprofit founder **Mark Vital** for gifting sweatshirts from his **Sweats for Vets** organization to the 80 U.S. military veterans living on our campus. Everyone was beyond excited to wear our local sporting team logos. Pictured, left to right: **Joe O'Keefe, Mark Vital, Norman Buzzell, George Clymas, and Ralph Porter.**



SHARE THE LOVE: Residents embraced the Valentine's Day spirit by creating festive wreaths in the O'Connor Common. Doing themed art projects is just one way to stay active and have fun during these cold winter days. According to History.com, the oldest record of a valentine dates back to 1415, when a French medieval duke wrote a poem to his wife. Pictured, left to right: **Joan Nancoz, Sandra and Bill Wing, Grace Shwert, and Maureen Morrissey.**



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MUSIC THERAPY is a Memory Care favorite, and we were all thrilled to participate. Residents got to express their inner rockers by jamming with a tambourine. Pictured, left to right: **Rita Sixsmith, Bernie Harris, Mary Rebh,** and visiting music therapist **Diandra Doble.**



Join us on **Thursday, March 17** for some green beer, shamrock snacks, and Irish music with **Chris Carter.**



TORCH FUN: Residents got into the Olympic spirit while walking the hex with their own homemade torches. Pictured above, left to right: CSA **Kaleigh Morales** and residents **Beverly Hutch** and **Janet Ploetz.**



SPRING FORWARD: Daylight Saving Time is **Sunday, March 13.** Remember to set your clocks and watches an hour ahead before you go to bed on **March 12.**



WOMEN'S HISTORY MONTH is an annual tribute to the many amazing women of the past and the leaders of tomorrow. To commemorate, join Abigail Whitney's Colonial Experience as told by historian **Gail Hamel** on **Monday, March 21, at 2:00 PM** in our lecture on the Unsung Women Heroes of the American Revolution.

Mark Your Calendar!
see channel 918 for updates

March 01 Mardi Gras party with beignets, hurricane drinks and the **Coventry Brass Band**

March 17 St. Patrick's Day Irish music & pub snacks with **Chris Carter**

March 20 Dance New England students' Irish step dancing performance

March 21 Abigail Whitney's Colonial Experience as told by historian **Gail Hamel**



March 27 Author **Helen Frink**, descendant of two Yankee whaling families, discusses her book, "Oil, Ice and Bone: Arctic Whaler Nathaniel Ransen"

