



# Community Connection

**New Horizons at Marlborough**  
Serving Metrowest Seniors Since 1994  
*A Turning Point in Senior Living!*

**March 2019**

**PARADE DRESS FOR DINNER** featured the return of the Assabet Valley junior cadets, who presented roses and accompanied New Horizons residents to our festive 400/420 Dress for Dinner on Valentine’s Day. In the meantime, Meadows residents enjoyed Dress for Drinks, with musical accompaniment.



Pictured, left to right: **Bud and Margaret Keeler** with Cadet **Isla Ramierez**; **Marjorie Davis** strikes a rose pose; a beaming **Frances Ellis** on the arm of Cadet **Robert Fraser**.



**EXPLORING THE WORLD:** Our eight-week Explorer’s Day program is well underway. Multi-cultural entertainment, activities, and food highlight countries where our residents and staff grew up. This month, we visit Ireland, Africa, France, Portugal and Guatemala. According to Deputy Executive Director **Betsy Connolly**, “Our goal is to develop an even greater appreciation for one another by sharing information about our diverse backgrounds.” Check your calendars and channel 918 for upcoming Explorer’s Day events.



**DAYLIGHT SAVING TIME** begins Sunday morning, **March 10**. Remember to set your watch and clocks an hour *ahead* before bed on Saturday, **March 9**.



**YOU CAN FIND (ALMOST) ANYTHING YOU WANT** at Bouvier Pharmacy by the French Village. The “apothecary” is both drug store and boutique gift shop. It stocks everything imaginable from over-the-counter remedies to cards, snacks, umbrellas, and batteries. Thanks to the savvy shopping of Manager/Buyer **Janey Martin**, you will also find fashionable gifts, such as jewelry, scarves, and handbags. Feel free to stop in for a little impromptu pet therapy, compliments of Bouvier’s unofficial mascot, **Oliver** (pictured, with Janey). Bouvier will deliver prescription medications to your door or arrange for you to pick them up at the pharmacy. Did you know that New Horizons sits on land previously known as Bouvier Farm? Ask resident **Peg Bouvier** (a Bouvier by marriage) to entertain you with her many stories about the history of the property.



**FIND US ON FACEBOOK!** Click the logo to the left to find yourself, friends or relatives in our posts. Then click to share the fun we have at **New Horizons at Marlborough!**



**SUPER CELEBRATION!** We cheered the Pats on to another Super Bowl victory, celebrating with the stars of the game. Pictured: Fan favorite “Rob Gronkowski” receives a double dose of affection from Gronksters **Sally Campbell** (left) and **Zabel Fay** (right); MVP “Julian Edelman” with **Tak McCarthy**; **Carleen** and **Norman Simoneau** with the GOAT, “Tom Brady.”

**POT OF GOLD?** Look for it at the end of the rainbow streaming over our campus (below, right). Images were captured by Human Resources Manager **Jen Tremblay** and resident **Linda Borelli**.

## Hearthstone

ALZHEIMER CARE

**HEARTHSTONE CAREGIVER SUPPORT GROUP** is now meeting at **2:00 PM** on the second Wednesday of the month in

the 400 Wayside Conference Room. At the same time, an activity for caregiver spouses will take place in Wayside Theater. Hearthstone executive director **Melissa Esteves** said, “I am excited about the time and location change for the caregiver support group, and I hope this enables more people to attend. The support group is a valuable time to share stories, learn coping mechanisms, and just understand that you are not alone in this journey. By offering a program for the caregiver’s affected family member in a separate space at the same time, people can feel free to talk openly while knowing that their loved one is engaged.”



### *Upcoming Events*

Women’s History Month tour at Wellesley College  
 Celebrate Mardi Gras ~ Art Matters: Norman Rockwell  
 Out to Met Winds Winter Concert ~ Liz Gebhard on “Elizabeth’s Greenhouse Happenings”  
 Out to Marlborough High School for *West Side Story*, featuring a member of our wait staff!

### *Mark Your Calendar!*

<b>March 11</b>	VNA Health Talk “Depression in the Elderly” with Lisa Fortin	2:30 PM
<b>March 13</b>	Hearthstone Caregiver Support Group/Spouse Activity	2:00 PM
<b>March 15</b>	New Resident Reception with Singer Mel Green	2:30 PM
<b>March 17</b>	<b>New Horizons Chorus’ St. Patrick’s Day Concert</b>	<b>2:30 PM</b>

To view this newsletter in color, see the postings throughout the community or visit [www.countrycommunities.com](http://www.countrycommunities.com).  
**New Horizons ~ 400 Hemenway Street, Marlborough, MA 01752 ~ 508-460-5200**