



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

June 2019



BACK BY POPULAR DEMAND: Armed with berets, smocks, and painting supplies, Northland Investment Corporation volunteers guided residents through a floral paint-on-canvas project. Pictured, left to right: the instructor guides the class through background and foreground composition; resident **Doris Steinman** adds some final touches to her painting; **Doris Brugger** proudly displays her finished masterpiece.



SUNDAY, JUNE 16, we will honor fathers with a mid-day meal featuring your choice of black oak ham with pineapple champagne glaze or a surf 'n' turf dish, which will include roasted tenderloin and shrimp scampi.



It's graduation season for many of our student staff members. Please join us in wishing them much success.

Advanced Math and Science Academy

Allison Cash
Erin Gowaski
Megha Varghese

Marlborough High School

Matthew Fettig
Matthew Keenan
Sarah Naim
Emma Sargent

Boston University

Anthony Pirrotta



CINCO DE MAYO SPIRIT: Wearing sombreros and shaking maracas are residents **Cecil and Diane Sprung** (left) and **Laura Myers and Carol Bajor** (right).

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ONE HUNDRED - AND ONE - REASONS TO CELEBRATE

Reaching 100 is a huge milestone for anyone, but doubly so for resident **Eddie O'Toole**. A single candle on his 100th birthday cake had special meaning. That's because he shares his **May 7** birthday with his great-great-grandson **Tucker** (pictured with Eddie, right). When Eddie turned 100, Tucker hit his own milestone—reaching the ripe old age of one. What wisdom could Eddie impart to the fifth generation O'Toole? If Tucker emulates his great-great-granddad, he will:

1. Marry the love of his life and have a big family (Eddie and his late wife, **Barbara**, had eight children)
2. Spend a lot of time outdoors (Eddie cross-country skied, ice skated, and took 50-mile weekend bike rides)
3. Enjoy a good steak dinner with baked potatoes *and* potato chips, a side of *al dente* mixed vegetables and black forest cake for dessert.



TO YOUR HEALTH New Horizons' spring Health Fair was a great success. Fourteen health care providers, along with Marlborough Fire Department and Marlborough Senior Center, set up tables offering helpful handouts. "We had a fantastic turnout—more than 75 residents!" exclaimed **Associate Director Cheryl Rank, RN**. "They received helpful information to find a primary care physician, choose a rehab facility, and address memory, hearing, and vision issues. There was balance testing, and they received free samples of Ensure, pill organizers, and other goodies." VNA staff did blood pressure screenings and demonstrated their **TeleHealth** system for residents like **Anita Rizzo** (pictured, left).

Upcoming Events

(Stay tuned to 918 for updated information.)

Out to: Worcester Bravehearts Baseball Game

Floral Arranging Class with Judy Proteau

Sunnyside Swing Band

Out to: Isabella Stewart Gardner Museum

Out to: Boston Early Music Festival

Assabet Regional Technical High School ROBOTS

Mark Your Calendar!

June 9	Guitarist David Bazin	2:30 PM
June 10	Pianist Ethan Stone	2:30 PM
June 17	Bay Path Elder Services: Nutrition Talk	2:00 PM
June 20	New Horizons' Talent Show	2:30 PM
June 21	New Resident Reception: Alan Pearlmutter & Linda Poland	3:30 PM
June 26	Rob Natoli and the String Swing Band	2:30 PM

To view this newsletter in color, see the postings throughout the community or visit www.countrycommunities.com.

New Horizons ~ 400 Hemenway Street, Marlborough, MA 01752 ~ 508-460-5200