



# Community Connection

**New Horizons at Marlborough, LLC**  
Serving Metrowest Seniors Since 1994  
*This is home!*

**July 2018**

## A DRIVE DOWN MEMORY LANE: Taking a trip back in time with vintage cars!



*Pictured, left to right: the 400 rotary becomes “Model A Avenue” as members of Sudbury’s Minuteman Model A Car Club rally in the face of uncertain weather; **Tom Ribandenevra** picks a favorite; **Harlene and Harold Briggs** are sitting pretty in a successor to the tin Lizzie; **Janet Verny and Bunny VanValey** check out a red hot hot rod at the 10th annual Marlborough Main Street Car Show.*



### TOP RANKING!

Associate Director **Cheryl Rank, RN**, is the recipient of the statewide 2018 Care and Wellness Excellence Award. She received the prestigious honor

at a recent Massachusetts Assisted Living Association dinner. Cheryl (*pictured, above*) was chosen from among 44 nominees from 240 Massachusetts assisted living communities. The award recognizes Cheryl for her outstanding leadership in making a qualitative difference in the lives of New Horizons residents, for her significant operational contributions to our community, and for earning the respect of her colleagues. “It was an honor to nominate her, and so thrilling to be part of this wonderful moment,” says Executive Director **Andy Eick**.

**Congratulations, Cheryl!**

### WE’RE LISTENING!

“I have been very content and happy here - everyone is super!” So says resident **Shirley Twichell**, one of nearly 200 respondents to our annual Resident Satisfaction Surveys.

According to results, residents are more satisfied this year over 2017 in six of 10 categories. Ninety-six percent agreed to every survey statement, compared with last year’s 95 percent. Meadows residents were unanimous in their approval of our attractive grounds and the way we maintain our campus buildings, and they gave very high marks to the maintenance and front desk staffs. Those expressing an opinion overwhelmingly approved of the variety of activities and events and gave kudos to our dining room servers. “The whole place is very nice - super highly recommend,” wrote **Bob Greenlaw**. And **Bill and Ellen Dowling** “encourage others to live here.” A sincere thank you to everyone who filled out the surveys.



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**PHOTO ALBUM:** Scenes from our French-themed dinner night, and a pink-suited “Elvis” returns to the building! Pictured, left to right: violinist **Hagop Anmahian** serenades a bereted **Elizabeth Gebhard**; **Les and Claudia Gediman** are feeling French (Claudia is a native Parisian); **Nancy Day** sums it all up with her sign, “Ooh la la!” Adoring fan **Anita Rizzo** reprises a pose with **Elvis** impersonator **Robert Black**.

## Sustaining Grants Cummings Foundation

**KEEPING THE GOOD GOING:** Cummings Foundation doubled its support of Bay State non-profits! Its Sustaining Grants program and **\$100K for 100** program collectively provided \$20 million to local charities, and in 2019 that figure will reach \$25 million. Beneficiaries include Lexington’s Cotting School, dedicated to helping special needs students reach their potential, and the MetroWest Free Medical Program, which offers free, walk-in healthcare to uninsured and underinsured patients. Go to [www.cummingsfoundation.org](http://www.cummingsfoundation.org) to view the complete grants list.



**SAVE THE DATE! Sunday, September 9**, is Grandparents Day and our 24<sup>th</sup> annual country fair. This popular harvest festival will feature barbecue, popcorn, cotton candy, Busy Hands’ charity craft sale, games, petting zoo, and more!



## VNA Care Advantage VNA Care

### ADVANCED CARE PLANNING:

**Kerry O’Connor**, APNP, VNA palliative care nurse practitioner, says she was “completely shocked” by her parents’ answers when she asked them the same diffi-

cult question she asks many of her patients: “What kind of health care would you want if you were ever unable to speak for yourself?” “I want to do the best by them,” said Kerry. “I’m so glad I asked!”

VNA Care provides tips and tools to help you and your loved ones start thinking and talking about your wishes. To read “Getting started with advance care planning: Conversations and documents to make your health care wishes known,” visit [www.vnacare.org/newsletters](http://www.vnacare.org/newsletters) to download the spring edition of *Caring Matters*. For a print copy, email [giving@vnacare.org](mailto:giving@vnacare.org) or stop by the VNA Care office at New Horizons,

Opposite the 400 Concord Dining Room.

### Mark Your Calendar

<b>July 2</b>	New Horizons Chorus in Concert	2:00 PM
<b>July 4</b>	Celebrate the Fourth of July!	2:00 PM
<b>July 5</b>	370 Breakfast Club: Wine & Cheese	3:00 PM
<b>July 7</b>	Mini Horses are Back!	10:30 AM
<b>July 10</b>	The Singing Trooper	2:00 PM
<b>July 11</b>	<b>Lisa Vernegaard</b> talk on Regional Wildlife	2:30 PM
<b>July 12</b>	Cooking with the Chef	10:00 AM
<b>July 14</b>	Bastille Day Observance	2:30 PM
<b>July 18</b>	Resident Activities Forum	2:00 PM
<b>July 24</b>	Fraud Prevention Presentation	2:00 PM
<b>July 25</b>	Resident Main Street Art Show	2:30 PM
<b>July 31</b>	Hearthstone Hosts “Meet Me at the Movies”	2:30 PM

To view this newsletter in color, see the postings throughout the community, or visit [www.countrycommunities.com](http://www.countrycommunities.com).

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