



Community Connection

New Horizons at Marlborough, LLC
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

January 2020



SEASONAL SIGHTS: A timely snowstorm turned the campus into a winter wonderland for Community Deco Day. Many hands assisted with the holiday touches, including those of (left to right) resident **Georgi Condry**, Activities Coordinator **Debi Kiontke**, resident **Ray Henning**, and Executive Director **Andy Eick**.



THE RESIDENT ACTIVITIES FORUM is set for Wednesday, **January 29, at 2:30 PM** in O'Connor Town Common. You're invited to officially meet and greet Debi. She and Vartkes are eager to hear your ideas for activities, events, and outings and share their thoughts about what's new and exciting for 2020.



SNAPPY SNOWMAN: **Jim Eldridge** finds the perfect gift at Busy Hands' annual holiday sale, which raised \$1,068 for Society of St. Vincent de Paul; **SPECIAL DELIVERY:** A pleased **Frances McBarron** is presented with a poinsettia by Front Desk Attendant **Susan Weber**; **COOL DUDES:** Sporting oversized shades, resident **Ken Lundie** is in sync with entertainer **Kalifornia Karl**.

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SPIRIT OF GIVING: Thanks to Cummings Properties' **Cummings Community Giving** program, \$68,000 was donated in the names of eligible New Horizons employees to 42 local charities of their choice. Pictured left: Marlborough Police Chief **David Giorgi** (left) with maintenance department staffer **Mike Burnell**, one of three employees to direct a collective \$3,000 to Marlborough Police Department; bottom right: Associate Executive Director **Cheryl Rank** poses with Westminister Police Department officers **Andrew Loescher** (left) and **Nathan Hawkins** (right). Local donation recipients include Marlborough Fire Department, Marlborough Public Schools, Andrew's Helpful Hands, Baypath Humane Society, three local chapters of Boys & Girls Club of America, Rosie's Place, and United Way of Tri-County.

STAFF APPRECIATION FUND: A grateful New Horizons staff extends a heartfelt thank you to everyone who gave to the fund.



FLU-FIGHTING FACTS

The flu season has arrived, and both Influenza A and B have been reported in Massachusetts. Weekly flu reports are available on the Mass.gov website.

Hand hygiene and immunization are the first lines of defense. If you haven't done so, it's not too late to ask your doctor for a flu shot. Most pharmacies provide flu clinic services.

Flu symptoms can include fever, chills, cough, runny nose, muscle or body aches, and fatigue. If you have these symptoms, contact your doctor for advice. It is important to rest in your apartment until your symptoms and fever are gone. If you have any questions, feel free to stop by and visit us at the Wellness Center, by the pool.



As soon as they are available, we will provide links in your monthly statements to both federal and state tax information websites.



Upcoming Events

Tune to 918 for the latest information.

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| Pianist Mark West | January 1 |
| Vocalist Jim Porcella | January 4 |
| Rob Natoli String Swing Band | January 7 |
| Karaoke with Debi | January 11 |
| Martin Luther King Jr. Day observances | January 20 |
| Native American flutes with Merri Lynn Braman | January 21 |
| Celebrate Chinese New Year & "Lunch In" | January 25 |
| Robert Black as "Elvis" | January 27 |
| Joey B-Bop | January 31 |