



Community Connection

New Horizons at Marlborough, LLC
 Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

April 2020



THAT CHAMPIONSHIP SEASON: New Horizons residents and staff celebrated the Boston Red Sox with an up-close and personal look at the team's 2013 World Series trophy. Pictured above, left to right: Resident **Jane Dennison** signals the Sox are number one; Deputy Executive Director **Betsy Connolly** poses with her dad, Meadows resident **Ronald Connolly**; resident **Al Francesconi** is flanked by his granddaughter, **Jennifer** (on his right), and daughter, **Lisa** (on his left).



PROUD TO BE IRISH: Resident **Michael McKenna** displays his true colors (shades of green) on St. Patrick's Day.

A Message to the New Horizons Community from Executive Director Andy Eick

I am truly awed by the good grace, patience, and humor you all have demonstrated during this worldwide COVID-19 crisis. Please know your continued well-being, health, and safety remain our highest priorities.

Many of you belong to the "Greatest Generation." You bore witness to so many different moments in our history, and in each of those times, you provided comfort to many through your passion and compassion.

We will use your example as we now work on your behalf. We are here for you and we will get through this latest challenge together.



VICTORY GARDENS

Stay tuned to Channel 918 for April sign-up information for our raised garden beds.



FIND US ON FACEBOOK: Click the logo to the left to find yourself, friends, and relatives in our posts. See what fun we have at **New Horizons at Marlborough!**



SPRINGTIME SMILES (left to right): Resident **Mary Elizabeth York** found a moment of Zen by a flowering orchid in the New Horizons greenhouse; residents **Carol Olsen**, **Carol Bajor**, and **Dot Tracy** enjoyed a February Red Hat Society luncheon and tea party with Associate Director **Cheryl Rank** (standing); resident **June Hopkins** gave a thumbs up on behalf of fellow happy 370 tablemates at the Italian dinner in early March.

NEW PROTOCOLS AT NEW HORIZONS: We are committed in our efforts to maintain the health and wellness of the New Horizons community during the COVID-19 crisis. Numerous communications have been sent apprising residents and their families of the new protocols we have instituted to adhere to guidance from Executive Office of Elder Affairs and Centers for Disease Control. Some of the changes we have implemented at the 400 building include:



- Prohibiting nonessential visitors from entering the community
- Limiting the size of resident gatherings to small, spread-out groups
- Encouraging residents to keep walking to prevent muscular atrophy
- Educating residents and staff about preventive hygiene and social distancing
- Initiating technological solutions to keep residents connected to their loved ones
- Serving all meals via room service, and providing bags for sanitary food disposal

Additional information about what we are doing in the best interests of our residents is available at www.cummingsfoundation.org/html/health-advisory-NHM.htm.

Mark Your April Calendar: Stay tuned to Community Channel 918 for daily updated community information. We will provide helpful activity suggestions, including websites offering interactive games, online museum tours, daily trivia questions, and more.

April 1	April Fools' Day
April 5	Palm Sunday
April 8	Passover begins
April 12	Easter
April 16	Passover ends
April 19	Orthodox Easter
April 20	Patriots Day
April 22	Earth Day

Hearthstone Caregiver Support Group is suspended until further notice

INSURANCE: Residents who joined our community after April of 2010 are required to carry renters' insurance, as outlined in their Residence Agreements. Other residents may wish to purchase this insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability (in the event someone is injured inside a resident's apartment). Most insurance agencies sell renters' insurance, which is typically available at a modest price.

UPGRADES ON ORDER: The technology in O'Connor Common will soon be stepped up significantly with an NEC 5200-lumen laser projector with 4K technology. A new motorized drop-down screen is also on order. It is larger than our current screen and will be able to be seen from all angles of the room. These new purchases will allow residents to enjoy bright, colorful, and crisp images from wherever they sit in O'Connor Common. For these upgrades, we are most grateful to the family members and friends who made gifts to the Residents' Activity Fund upon their loved one's passing.